



CRISTINE HULL, PhD

INTEGRATIVE MENTAL HEALTH EXPERT, AUTHOR, & SPEAKER

With a Master's in Psychology and Doctorate in Natural Medicine, Cristine has merged the mind body approach. Her experience includes careers in Substance Abuse and School Psychology along with a private practice. She currently supervises clinicians and offers consultation to leaders, businesses and influencers ready to ripple at a higher frequency.

Cristine is the author of *10 Ways to Balance Your Brain Chemistry*, which has supported thousands to find holistic solutions for chronic conditions. She loves numbers - especially when they show quantifiable improvement and back up modalities. Her dream is to see a more accountable model of mental health, representing holistic change.

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